It is imperative to the safety of flight attendants and passengers that the use of cell phones during flight is NOT ALLOWED. Flight Attendants are now subjected to irritated passengers when they are instructed to stow their carry-on luggage and laptop computers correctly to adhere to FAA regulations. Cramped quarters on a regional jets already irritate passengers and the majority of passengers DO NOT want to listen to someone talking the duration of a flight....most want to relax and sleep. As a Flight Attendant, I am challenged every flight to accommodate all passengers so they have an enjoyable experience. I DO NOT want or need any additional factors to accommodate the few people that just can't "shut up" for an hour. Unless you are actually working in my field, you have no idea of the challenges I face every flight. I love my job and feel that allowing the use of cell phones during flights will create more problems than ever. Please do not allow this to happen.